

Next, take the values you rated “Very Important” to you and choose the 10 that are most important to you.

1.	6.
2.	7.
3.	8.
4.	9.
5.	10.

Now narrow your list one more time by crossing out four of the values listed above. The remaining six are the values most important to you.

1.
2.
3.
4.
5.
6.

Next, take the six values you’ve identified above and write a 5-8 word clarifying statement for each one. Try to avoid stringing together similar words and instead focus on writing a statement, as illustrated below.

Example

Incorrect: Curiosity – adventure, examining, ideas, creative

Correct: Curiosity- Looking outside the box to find creative, untried solutions.

Define your core values here:

1.
2.
3.
4.
5.
6.